

# SEPTEMBER | 2023

## NECEDAH HIGH AND MIDDLE SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1
4 <b>LABOR DAY</b>	5 <b>WELCOME BACK!</b> Cheese Filled Breadsticks/ Marinara Vanilla Grahams Green Beans Baby Carrots Fruit Choice Milk Choice	6 Pepperoni Pizza Cheddar Crackers Steamed Broccoli Fresh Veggies Fruit Choice Milk Choice	7 Breaded Chicken Patty on Bun Baked Beans Baked Cheetos Fruit Choice Milk Choice	8 Walking Taco w/ salsa, sour cream Steamed Corn Fresh Veggies Frozen Fruit Cup Milk Choice Churro
11 French Toast Sticks/Syrup Jones Sausage Patty Fruity Juice Fresh Veggies Applesauce Cup Milk Choice	12 Chicken Nuggets Grahams Baked Beans Fresh Veggies Fruit Choice Milk Choice	13 Turkey & Cheese Sub Sun Chips Baby Carrots & Cucumbers Fruit Choice Milk Choice	14 Cheeseburger on Bun Oven Baked Fries Fresh Veggies Fruit Choice Milk Choice	15 <b>NO SCHOOL TODAY PD DAY</b>
18 Corn Dog Potato Wedges Steamed Broccoli Fresh Veggies Fruit Choice Milk Choice	19 Cheese Pizza Scooby Doo Grahams Calif Blend Vegetable Fresh Veggies Fruit Choice Milk Choice	20 Italian Chicken Sandwich Goldfish Crackers Lettuce Salad Baby Carrots Frozen Fruit Cup Milk Choice	21 Bosco Stick/ marinara sauce Green Beans Fresh Veggies Fruit Choice Milk Choice	22 Taco Bites w/ lettuce, taco sauce & sour cream Seasoned Black Beans Fresh Veggies Fruit Choice Milk Choice Fruit Snack
25 Macaroni and Cheese Dinner Roll/Marg. Steamed Peas Fresh Veggies Fruit Choice Milk Choice	26 Cardinal Munchable- Turkey, Cheese, Crackers Baby carrots & Cucumbers Fruit Choice Milk Choice Cookie	27 Hot Dog on Bun Cheddar Crackers Baked Beans Fresh Veggies Fruit Choice Milk Choice	28 Mini Confetti Pancakes Cheese Omelet Hash Brown Patty Veggie Juice Applesauce Cup Milk Choice	29 <b>NO SCHOOL TODAY PD DAY</b>

**Menu Info**  
Students may choose their meal from multiple choices offered on both serving lines daily. Check what is offered daily!  
We will also offer salads, wraps and sandwiches.

All meals **MUST** choose a full serving (1/2 cup) of fruit and/or veggies with each meal and are encouraged to choose both.  
\*Please note that all extra entrees will cost \$1.50 each.  
To purchase additional items, students must have money in the account.

Reminder that all students must choose a full serving (1/2c) of fruit or vegetables daily with their meal

**BREAKFAST**  
We invite all students to start their day with a healthy breakfast at school with a breakfast at **NO CHARGE TO FAMILIES THIS YEAR**

Students can get breakfast daily before the beginning of the school day OR at second chance time. A variety of choices as well as juice, fruit and milk will be available to create your breakfast meal.

Students **MUST** choose a fruit and/or juice each day for the meal.

\*\* Breakfast is **NO CHARGE** for all Middle School students.

\*\*Menu subject to change based on weather and product availability